## **QUIZ - IS COLLABORATIVE DIVORCE RIGHT FOR YOU?**

Please print out this quiz, and then circle how much or how little you agree with each of the statements below.\* Add up the total points. An analysis of your total score is provided at the end of the quiz.

QUESTIONS	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
I am able to focus on the present and not get too distracted by thoughts of the past	1	2	3	4	5
I am optimistic about the future	1	2	3	4	5
I do not believe my spouse would be willing to break the law in order to hide assets from me	1	2	3	4	5
I am capable of compromise	1	2	3	4	5
The idea of appearing in court makes me uncomfortable	1	2	3	4	5
I am not afraid or intimidated to be in the same room with my spouse	1	2	3	4	5
I would like to remain on civil terms with my spouse after the divorce	1	2	3	4	5
I believe it is important for children to maintain a good relationship with both parents	1	2	3	4	5
I am a private person	1	2	3	4	5
I am not a person who must "win at all costs"	1	2	3	4	5

<sup>\*</sup> We recommend giving a copy of this Quiz to your spouse to see how he/she scores.

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## **YOUR RESULTS**

Please add up all of the numbers you have circled.

<u>If your total is between 30-50</u>, you are probably a good candidate for the collaborative divorce process.

If your total is between 20-30, you are borderline; that is, the collaborative divorce process may be good for you, provided you are able to make some attitude adjustment before starting the process. Talk to a divorce attorney about great ways to try and accomplish this.

If your total is between 10-20, collaborative divorce may not be right for you, and you may want to choose a "traditional" divorce.

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This Quiz was created by Karen Grayson-Rodgers, a divorce attorney who is certified by the State of New Jersey in collaborative divorce (and also practices traditional divorce), and Cindy D. Salvo, an attorney who also has a masters' degree in psychology.

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